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Reference Guide To Restaurants Across America
By Arthur Agatston**

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Restaurant Tips Eating Out, the South Beach Way By Arthur Agatston, M.D. Author, The South Beach Diet. CBN.com Because this diet is designed to be

<http://www.cbn.com/health/weightloss/southbeach.aspx>

South Florida; New Menupages Desintations; Menu I would definitely recommend South Beach.

<http://www.menupages.com/restaurants/south-beach-restaurant-lounge/>

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http://en.wikipedia.org/wiki/User:WWB_Too/South_Beach_Diet

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Phase 1 of the South Beach Diet: Learn how to start on the South Beach
The fresh seafood options and unbeatable views make dining on the coast yet another

<http://thealternativecommunity.com/south-beach-diet/phase-one-south-beach-diet-dinner>

Eating out often can be a recipe for weight gain if you re not careful. Creator of the South Beach Diet, Dr. Arthur Agatston, feels that the more meals you eat

<http://www.southbeachdiet.com/diet/healthy-dining-out-strategies>

The South Beach Diet by Agatston, Arthur S., The South Beach Diet Dining Guide: Your Reference Guide to Restaurants Across America. Agatston,

[http://www.usegoodbooks.com/book/US/9781579546465/The South Beach Diet](http://www.usegoodbooks.com/book/US/9781579546465/The_South_Beach_Diet)

4 Subcategories in Low-Carb Restaurant Eating - Tips for Dining out when on the Atkins, South Beach, and Other Low Carbohydrate Diets

<http://lowcarbdiets.about.com/od/eatingout/>

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Because the South Beach Diet is designed to be practical and user-friendly, it's easy to stick to the rules even if you often eat at restaurants.

<http://www.prevention.com/weight-loss/diets/restaurants-and-south-beach-diet>

A survey of the top restaurants in Miami, South Beach & Miami Beach.

<http://www.southbeachmagazine.com/topics/restaurants/>

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The South Beach Diet Dining Guide : Your Reference Guide to Restaurants Across America (M.D. Arthur Agatston) at Booksamillion.com. Americans spend \$440 billion

<http://www.booksamillion.com/p/South-Beach-Diet-Dining-Guide/MD-Arthur-Agatston/9781594863608>

Agatston joined The Early Show Friday to discuss his book, "The South Beach Diet Dining Guide," and to offer tips on how to dine out the right way.

<http://www.cbsnews.com/news/dining-out-on-south-beach-diet/>

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Jun 20, 2013 The South Beach Diet Dining Guide. Includes how to find South Beach Diet friendly meals at more than 75 national chain restaurants

<http://www.usatoday.com/story/life/books/2013/06/21/the-south-beach-diet-dining-guide/2444877/isbn/9781594863608/>

Mediterranean restaurants, such as those offering Greek, Turkish, Israeli, or Lebanese cuisine, are great choices for those on the South Beach Diet.

<http://www.southbeachdiet.com/diet/dining-out-on-healthy-greek-and-middle-eastern-food>

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Five years ago, with the publication of The South Beach Diet, renowned Miami cardiologist Dr. Arthur Agatston set out to change the way America eats.

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South Beach is a mecca for sky-high parking fees, haughty service, and the braggadocio of New York restaurants transported to the tropics. There are exo

<http://www.miaminewtimes.com/restaurants/ten-best-south-beach-restaurants-6608133>

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